

## ISOCOOL – VANILLA CRÈME

Serving Size: 1 Scoop (about 26g)

Servings per Container: about 87

Amount per Serving	% Daily Value
<b>Calories</b> 90	
<b>Calories from Fat</b> 0	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 20mg	7%
<b>Sodium</b> 40mg	2%
<b>Total Carbohydrates</b> 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
<b>Protein</b> 23g	46%

Vitamin A 2%      •      Vitamin C 0%  
Calcium 15%     •      Iron 2%

**Ingredients:** Premium Whey Protein Isolate, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, and Soy Lecithin

**Contains Milk, Soy**

Typical Amino Acid Profile – Each serving contains:

Essential Amino Acids	Non-Essential Amino Acids
L-Leucine* 2619 mg	L-Arginine 853 mg
L-Isoleucine* 1981 mg	L-Aspartic Acid 2486 mg
L-Valine* 1447 mg	L-Cystine 255 mg
L-Lysine 2224 mg	L-Alanine 932 mg
L-Threonine 1941 mg	L-Glutamic Acid 3955 mg
L-Methionine 350 mg	L-Glycine 414 mg
L-Phenylalanine 732 mg	L-Histidine 365 mg

L-Tryptophan 552 mg	L-Proline 642 mg
	L-Serine 670 mg
	L-Tyrosine 582 mg

\*Total Branched Chain Amino Acids (BCAAs) 6047 mg  
Total Essential Amino Acids (EAAs) 11846 mg  
Total Amino Acids 23000 mg

**DIRECTIONS:** Mix 1 scoop (26 grams) of Ultimate Nutrition IsoCool™ into 8oz of water, juice or milk. For a thicker shake, mix into 4oz of water, juice or milk. Ultimate Nutrition IsoCool™ mixes well, and can be prepared in a blender, shaker cup, or in a glass with a spoon. For maximum muscle growth, take before and after your workout.