

Nutrition Facts

Serv. Size 2.0 oz (56.5g)
Servings Per Container 2

Calories 185

Calories from Fat 40

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 4g	6%	Total Carb. 28g	9%
Sat. Fat 0.5g	3%	Dietary Fiber 3g	12%
Trans Fat 0g		Sugars 15g	
Cholest. 0mg	0%	Protein 8g	
Sodium 190mg	8%		
Vitamin A 2% • Vitamin C 0% • Calcium 7% • Iron 10%			

INGREDIENTS: *(Vegan)* Enriched Wheat Flour (Wheat Flour [Unbleached], Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Non-Hydrogenated Margarine [Natural Oil Blend] (Palm Fruit, Canola and Olive), Filtered Water, Sea Salt, Sunflower Lecithin, Lactic Acid (non-dairy), Annatto Extract), Raw Sugar, The Complete Cookie Protein Blend™ (Soy Protein Isolate, Wheat Protein Isolate, Wheat Gluten, Pea Protein), Brown Rice Syrup, Filtered Water, Cinnamon, Chicory Root Fiber, Oat Fiber, Natural Vanilla Flavor, Sea Salt, Baking Soda, Sunflower Lecithin.

ALLERGENS: Contains Wheat, Soy. Manufactured in a facility that also processes peanut, tree nut, wheat, soy, milk, egg.